



# Roos Noos



*Y Service Club of Kangaroo Flat Inc.*  
10 Lockwood Road – PO Box 1018  
Kangaroo Flat Victoria 3555 A0001716M

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**No.84** Web address: <https://yservicekflat.com.au>  
**Contributions to:** David Alexander dabighill0@gmail.com

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February 2020 - March 2020

President: Janet Berry

Secretary: Wayne Cameron

Treasurer: Ron Buchan

Rosters: David Alexander

Roos Noos: Editor: David Alexander

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Programs for the forthcoming year are to be organized by nominated teams as follows:-

<b>April</b>	John Clancy	Bill Schmidt
<b>May</b>	Janet Berry	Wayne Cameron
<b>June</b>	Lindsay Nicholls	Graeme Pemberton
<b>July</b>	Christine Van der zee	Barry Davies
<b>August</b>	Ted Biggs	Bob Tyter
<b>September</b>	Bill Schmidt	John Clancy
<b>October</b>	Wayne Cameron	Janet Berry
<b>November</b>	David Alexander	Graeme Pemberton
<b>December</b>	Ron Buchan	Barry Davies

## *Citizen Ship Awards 2019*

The Y Service Club of Kangaroo Flat presented Citizen Ship Awards to a number of Primary School Students for the 34<sup>th</sup> year.

Each school is asked to select two grade six pupils who were excellent citizens. It is emphasized that these are not awards for sporting achievements, nor for academic excellence, but for honest, reliable and caring people

The nominated persons are present with a book voucher by a member of from the Y Service Club of Kangaroo Flat to purchase a book of their choice.

In the picture below are Makayla and Jye from the Kangaroo Flat Primary School with their certificate and book voucher as presented by Club President Jannet Berry.



Jye, Janet & Makayala

## *Club Planning Meeting 5<sup>th</sup> February 2020*

On the 5<sup>th</sup> February at our first formal meeting for 2020 there will be a Club Planning Meeting to discuss the way forward for the immediate future, in particular how you wish the club and programs to continue forward.

As this is an important meeting affecting all members it is imperative that you make every attempt to attend to have your input to the future of our club.

## *International meeting*

There will be a meeting of the International Executive of Y Service Clubs International to be held in the club rooms of the Y Service Club of Kangaroo Flat in the week of the 24<sup>th</sup> to the 28<sup>th</sup> February 2020.

## Extract from past Roo's Noo's - May 1994



# Roo's Noo's

**THE Y'S MEN'S CLUB OF  
KANGAROO FLAT INC.**

P.O. BOX 18,  
KANGAROO FLAT. 3555  
VICTORIA, AUSTRALIA



**PRESIDENT NEIL ANDREWS  
SECRETARY WAYNE CAMERON**

**TREASURER GARRY BUCHANAN  
BULLETIN EDITOR E BIGGS**

### BULLETIN FOR MAY 1994

#### SOCIAL NIGHT AT THE RAVENSWOOD HOTEL

We enjoyed a great night out at the Junction Hotel on 23rd April. After a slow start attendance wise with only 9 going as at Wednesday night we finally had 34 attendees. It was great to see our new members and their family come along as well as some members that we have not seen for some time. The meal was good as was the background music although the music was a little loud for us oldies.

We enjoyed the company of : the Andrews, the Miles, the Dawsons, the Thomas , the Mollers, the Wilsons, the Camerons, Mark Sharp and Kirsty, the Ellis's, John Giles, the Buchans and the Biggs's.

#### ANZAC DAY PICNIC Monday 25th April

The Mollers, Camerons, Buchans, and Andrews represented us at the annual Anzac Day picnic. This year it was held at Echuca and run by the Echuca Y's Mens club. By all accounts a fine day was had by all. Thanks to the Echuca boys for organising the day.

#### SOUTHERN DISTRICT CONCLAVE

This year the Central Coast Club is running the Conclave and is to be held at Talbingo NSW on the 20th to 22nd May. 5 members of our club will be going the Conclave namely Wayne Cameron, Ron Buchan, Neil Andrews, Neil Miles and Ted Biggs. We will be leaving at 10am on Friday morning and are looking forward to well earned break away from the toils of work and home maintenance duties.

#### MOWING ROSTER

A roster has been prepared from amongst the Y's Men to mow the Lawn at the rear of the YMCA Leisure Centre. If your name comes up and you cannot take your turn please arrange for someone else to do it for you. The key is to be obtained from Murray Wilson's House.

22nd MAY	PHIL PEARCE	12th JUNE	NOEL BUSH
17th JULY	GARRY BUCHANAN	14TH AUG	MARK SHARP

Mal Butcher is available to fill if in somebody cannot take their turn.

Some of those rostered on in the recent past have been very naughty and have not taken their turn, have we Murray and yours truly.

**RED SHIELD APPEAL**

This is the one appeal that we support by collecting door to door so Murray Wilson as the organiser will ask for as many of us as possible to participate with the collection.

The appeal is on the Sunday 22nd May. Yes , this clashes with the Y's Men's conclave so every available volunteer that is not going to the conclave will be required. Please let Murray know of your willingness to help. A few hours is all that is required of your time to assist those that are in need. As at Wednesday 11 May Murray had very few helpers so please do the right thing and put in a few hours. If you forget to let Murray know in advance, don't worry just turn up at the Lockwood Rd Y at about 10am and he will be pleased to see you.

**ELECTION OF OFFICE BEARERS FOR 1994/1995**

We have held our election of Office Bearers and those elected unopposed are:

Garry Buchanan	President
Noel Bush	Vice President
Bill Moller	Secretary
Allister Roberts	Treasurer
Brendan Peterson	Bulletin Editor

This is a great team, we all congratulate them on their being elected into office. I personally am looking forward to the team setting us a challenging and enjoyable year.

**150th ANNIVERSARY OF THE YMCA**

This important event will be celebrated at the Hilton Hotel in Adelaide on the 27th to 29th of May. Combined in with the function will be a training seminar for RSD's and DG's of the Australian Region.

**NEW CATERING STALLS**

The club has agreed to proceed to purchase the materials and build 3 new catering stalls. The cost will be in the order of \$4000. We will wherever possible have sections of the stalls prefabricated by individual Y's Men and then bring the sections together for a combined working bee where I expect that we should be able to complete the stalls on a full day effort. This is of course if we can get a strong (in numbers) attendance of workers.

**SWING BRIDGE**

No more progress as yet. The plaques still have to fitted as does the bitumen coating of the deck. Arrangements are in place to lay the concrete approaches to the bridge. With some good liaison by Phil Pearce with the Grounds committee it looks as though we may not have to pay directly for the concrete paths instead a little more support of the Y may be the go.

### **INDUCTION OF TWO NEW MEMBERS**

On the 20th April we inducted Graham Pemberton and on the 4th May we inducted Brian Peterson. This was a great result for the club as these two chaps will add a lot to the club. We wish them a lot of fun and fellowship in the time that they will share with us.

With the induction of Brian we have what must be a unique occurrence in Y's Men's clubs within Australia. We now have a member who's Father and father in law are all members of the club. Brendan Peterson's father is the newly inducted Brian and the father in law is Lindsay Nicholls. Lindsay brought Brian along to the club some years ago but he did not at that time join our club. Then Lindsay brought Brendan along and he enjoyed our activities and so joined our club. This family involvement must have rekindled Brian's interest in our club as he resumed attending club meetings to also become a member.

Graham Pemberton will add more service club experience into our club as he has held many office posts in the Apex clubs including District Governor. Graham will add some mirth into our meetings as he has a never ending supply of jokes

### **STAMPS REQUIRED**

Our club Philatelist John Browell is keen to receive more used stamps. So please bring along your used stamps from home, your work place or anywhere else that you may be able to gather them. Remember that the funds raised by the selling of the stamps pays for the brotherhood delegates to spread the word of Y's Dom throughout the World.

### **PAST PROGRAMS**

Marg from Lifeline / Citizens Advice Bureau was a very interesting program. We in our little World do not appreciate the problems that some people have to face and have difficulty in managing.

Our guest speaker from Sandhurst Trustees spoke of the involvement of this financial institution in our community.

### **NEWS FROM NELSON**

Their Mission Statement

" The Y's Mens club of Nelson, a service club for men and women, aims to serve all people in Christian fellowship, personally, locally and internationally."

Nelson have prepared a collage of their club members, their beautiful city and their activities. A great idea, something that we could take on as a project .

### **MAJOR GARAGE SALE**

The Kangaroo Flat YMCA will be holding " BENDIGO'S BIGGEST INDOOR GARAGE SALE" on Saturday 4th June. Sites can be purchased for \$10 per site. See Mark Sharp to arrange for a site.

### **MARK SHARP IS COMING.**

Mark Sharp will soon move into the Kangaroo Flat area to take up residence at 189 High st Kangaroo Flat. The house is a few doors south of the St Mary's Anglican Church.

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### **COMING ATTRACTION**

20th to 22nd May	Southern District Concave at Talbingo
22nd May	Red Shield Appeal
27th May	YMCA trip to the pokies at Moama Sports Club
27th -29th May	150th Anniversary of the YMCA
4th June	YMCA Garage Sale
15th June	AGM of our club
19th June	YMCA family day at Melville Caves
24th June	Our Change over Dinner.
24th September	Bonfire / bbq / fireworks

## THE GREAT TRAIN RACE - Sunday 17 April 1994

Once upon a time there were three runners Mark Sharp, John French and Brent Dawson who did a bit of casual running to get/keep fit. As a change from running against Kangaroos through the bush and cars, Coach Mark suggested running in the Great Train Race against "Puffing Billy". A distance of "8.5 km" through a hilly section of the Dandenong Ranges from Belgrave to Lakeside. At the time the challenge didn't seem toooo daunting considering our ever increasing fitness levels. With a program of intensive TRAINING all agreed the race should be achievable and a good challenge.

Coach Mark set WHEELS-in-motion and came up with a TRAINING program TIMETABLING running various distances and styles 3 days a week COUPLED with a session of, wait for it, "fart lecs" (I think that's how you spell it). We soon found out that it was just not the result of eating plenty of baked beans.

With the race only weeks away, Coach Mark announced that his initial advice on the length of the run was out slightly, only by FIVE KILOMETRES!!!!!! with the race length actually being 13.5 km. (later we learned it grew to 13.6 km). That nearly DE-RAILED us, but we had come too far to use the TURNTABLE and turn back now, besides we had the entry forms and our supporters were all looking forward to getting their TICKETS to ride on Puffing Billy and racing the 3 other (or I should say 2 other Puffing Billies).

To get us back on the RAILS we went into a revised, more intensive TRAINING program, making new PB's for distances and times and conquering the hills through the One Tree Hill forest and the hills in Kangaroo Flat (yes there ARE hills in the 'Flat). With training on TRACK, it was time to set goals for the big event. Mark to make it under the hour and John and Brent just happy to finish non stop and preferably under 70 minutes.

In order to get up at a respectable hour we decided to stay the night before the race as close as possible to Belgrave. After settling into our motel at Ferntree Gully, we went to peruse the route of the race. Real picturesque country, rugged mountains, tall gum trees, winding narrow roads and spectacular views (yes that's how high it was in places!).

From the start the first 1.5km looked OK, it was all down hill, which only meant one thing, there had to be an up-hill not too far away and we were right!. If fact there were 3 long up-hill sections. We were relieved to find the last 2.5 kms was all down hill. Consensus of opinion rated the course as slightly hillier than expected but still achievable. John however had a different opinion, he was shocked into silence. There was no wetting our WHISTLE the night before, just plenty of pasta and an early night.

The BIG day had arrived, a reasonably mild morning with rain forecast for later in the day. Light breakfasts were ordered for an early wake-up at 6.30 am, so as to be all ready for the 9.30 am DEPARTURE TIME. This was serious stuff, we couldn't afford to SLEEPER-in. We were sure the motel and one of our supporters wanted to sabotage our chances in the race by enticing us with free fried egg breakfast supplements and ordering THEIR breakfast for the people in the room next door. Just as well we were on our GUARD.

With breakfast had by most, it was onto the MET train to Belgrave to load our supporters onto Puffing Billy and to warm-up for the Great Race.

9.30 was approaching. The road was closed to traffic, with the 1800 odd FIRED-UP runners of all shapes and sizes positioning themselves for a good start and waiting for the SIGNAL. Mid field would suit us just fine. Best wishes were exchanged, and it was 9.30 and we were off and racing. Puffing Billy's driver had to run to his train from the start too.

It wasn't too long before Mark was out of sight with John and I pacing ourselves to our "race plan" (to finish the race). Puffing Billy just beat us to the first crossing, and that would be the last we'd see Puffing Billy until the end of the race. That meant we wouldn't have to wait for it at any of the road X-ING's as it would be just ahead of us. The drink STATIONS SIGNALED we had made it to the top of another hill and ensured we didn't run out of STEAM.

The race, with its lengthy hill sections, was long and hard, but we all made it to the finish. At the finish we were cheered on by our supporters and other PASSENGERS, who on this occasion (with the help of Puffing Billy) won the race. For the record, Mark just missed beating Puffing Billy by about 1 minute but made the distance in just under the hour, John came in just over 78 minutes and I made it in just under the 80 minutes.

It was a good race and we will be back next year to endeavour to beat our times and Puffing Billy.

Brent Dawson

## *Tempus Fugit*

**P**EOPLE mumble and mutter so much today,

That I find it quite hard to hear what they say

Print on the newspaper is getting so small.

Unless I wear specs, I can't see it at all!

Why can I no longer go rushing up stairs?  
And why do I fumble so much for my fares?

And that little incline that leads to my gate

Seems to be getting much steeper of late.

I'm often called "love" and sometimes "old dear"

And people annoyingly shout in my ear.  
They help me on buses — and if truth were told,

I'm beginning to wonder if I'm getting old!

— Dorothy M. Loughran.

## ROSTERS February - March 2020

**DINNER MEETINGS** \*\*\* If unavailable for your scheduled duty "Swap with next week or next month's duty people if needed" it is your responsibility to organise a replacement \*\*\*

- First emergency :- 3 Minute Talk rostered person
- Second emergency:- Thought for The Day rostered person

DATE	DINNER	3 MINUTE TALK	Thought for The Day
5 <sup>th</sup> February	Bob Tyter Christine Van de zee	Janet Berry	Ted Biggs
12 <sup>th</sup> February	Bill Schmidt Graham Pemberton	Ted Biggs	Ron Buchan
19 <sup>th</sup> February <i>Visit by Bendigo</i>	Lindsay Nichols Barry Davies	Ron Buchan	Wayne Cameron
26 <sup>th</sup> February	International Meeting		
4 <sup>th</sup> March	John Clancy Wayne Cameron	Barry Davies	Lindsay Nichols
11 <sup>th</sup> March	Janet Berry David Alexander	Graham Pemberton	Bill Schmidt
19 <sup>th</sup> March	<i>Visit to Bendigo no duty required</i>		
25 <sup>th</sup> March	<i>Daytime Program no duty required</i>		
1 <sup>st</sup> April	Bill Schmidt Christine Van de zee	Bob Tyter	Graham Pemberton

## Hall Cleaning

<b>Hall Cleaning</b> *** Swap with someone from the next group if needed ***	
5 <sup>th</sup> February	David Alexander
12 <sup>th</sup> February	Janet Berry
19 <sup>th</sup> February	Ted Biggs
25 <sup>th</sup> February	International meeting all as required
4 <sup>th</sup> March	Ron Buchan
11 <sup>th</sup> March	Wayne Cameron
19 <sup>th</sup> March	John Clancy
26 <sup>th</sup> March	Barry Davies
1 <sup>st</sup> April	Trudee Martins & Chev Vivers
8 <sup>th</sup> April	Lindsay Nichols
15 <sup>th</sup> April	Graham Pemberton
22 <sup>nd</sup> April	Bill Schmidt
29 <sup>th</sup> April	Bob Tyter
6 <sup>th</sup> May	Christine Van Der Zee



No meeting at club on that evening

**PROGRAMS:** ☺☺☺ *If you know someone who would enjoy an evening or day program, bring them along.*

5 <sup>th</sup> February	Planning Meeting
12 <sup>th</sup> February	Business Meeting
19 <sup>th</sup> February	<b>Bendigo Club visit Kangaroo Flat host.</b> Guest Speaker Sterilising Surgical Instruments.
25 <sup>th</sup> February	International Meeting
4 <sup>th</sup> March	Guest Speaker - Karen Mose - Royal Freemasons Bendigo What you need to do to get into Aged Care.
11 <sup>th</sup> March	Guest Speaker - Rod Fyffe
19 <sup>th</sup> March	<b>Visit to Bendigo</b>
25 <sup>th</sup> March	Visit to the Ballarat Gold Museum (\$11.20 conc, \$14.00 Adult) followed by lunch.
1 <sup>st</sup> April	John & Bill to advise
8 <sup>th</sup> April	John & Bill to advise
15 <sup>th</sup> April	<b>Bendigo Club visit Kangaroo Flat host.</b> John & Bill to advise
22 <sup>nd</sup> April	John & Bill to advise
29 <sup>th</sup> April	John & Bill to advise
6 <sup>th</sup> May	Janet & Wayne to advise

Y Happy Birthday Y	
David A	February
Janet B	February
Heather T	February

♥ Wedding Anniversaries ♥	
Joy & David	February
<b>"Bev &amp; Ron"</b>	<b>February</b>