



HELENA "Y" SERVICE CLUB – PO BOX 4804 – HELENA, MT 59604-4804
VOLUME XXXVI – JANUARY 2022 – NUMBER I
PACIFIC NORTHWEST REGION

“TO ACKNOWLEDGE THE DUTY THAT ACCOMPANIES EVERY RIGHT”

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HELENA FAMILY YMCA
1200 N. LAST CHANCE GULCH
HELENA, MONTANA 59604-4804

Honor Bulletin 2021

January Emphasis: Endowment Fund

International President: Kim Sang-Chae
Theme: “Y’s Men with the World”
Slogan: “Heal the World with Dignity and Love”

NEXT CLUB MEETING

Our first club meeting of the new year will be on Monday, January 17, 2022, at Perkins’ Restaurant at 11:30 am.

Thanks to **RAY ROBERTS, RAYE VINCENT**, and former member, Janie Gehring, for representing our club ringing the bells for the Salvation Army. None of the rest of our club members were able to help with that this year.

YMCA NEWS

The Helena Family YMCA will be starting swim lessons for kids and adults and pickle ball lessons for adults on Sundays in January.

THE PACIFIC NORTHWESTER

“THE PACIFIC NORTHWESTER” has been recently revived by Past RD Lee Woodard and is published every quarter. Lee says if any member isn’t receiving it, but would like to receive it to let him know. It is posted on the U.S. Area website which is written in the top section of this newsletter.

RD RAYE VINCENT has the following holiday greeting in the current issue:

It is time to reflect on 2021.

- * Look at things you would like to change and come up with a plan for 2022.**
- * Write down all the things you are grateful for.**
- * Reach out to those that mean the most and let them know why.**
- * Pray for those that are in need of healing, mentally or physically.**
- * Smile at everyone you meet or pass by every day. Everyone needs kindness or love.**

Have a wonderful Holiday and a Happy New Year!!

INTERNATIONAL NEWS

In the November bulletin you read about the Cameroon School project. Since then, the same Y’s Men’s Club and the same community have been working providing irrigation facilities, practical training,

vegetable seeds and support so young women can grow food. Women produce more than half the developing world's food, yet own less than 2% of land and receive little support - such as seeds, tools, and knowledge. The Y's Men's Club has joined with young women's gardening efforts in the most impoverished communities in Cameroon including the war-affected zones and areas hosting the internally displaced persons (IDPs). These efforts have been assisted with funding from the Y's Men International's Time of Fast program.

NEWS FROM NEAR AND FAR!

Robert Sims and Stan Brown of the East Madison Club set up a Zoom meeting with their friends in Japan and then invited the Seattle Downtown Club to join them.

MEMBER HAPPENINGS

The club Christmas party was held at the home of **BILLYE** and **VIC VINCENT** and a good time was had by all who attended.

CHUCK MICKLEWRIGHT enjoyed Christmas dinner with his daughter, Diane.

JAY SHELDEN and his sister, Cindy, enjoyed Christmas together.

ROSE GEHRING feels blessed with the snow.

RAY ROBERTS is spending Christmas and New Years with his brothers and his daughter, Abbey, in Missoula.

BILLYE and **VIC VINCENT** had a quiet Christmas and feel blessed.

Harvey and **ILA STEEN** were alone on Christmas, but enjoyed phone conversations with many family members.

NO JANUARY BIRTHDAYS



EAT CAKE ANYWAY!

CHRISTIAN EMPHASIS

BOTTLE THE SUNSHINE

*‘What are you doing, darling?’
I ask the wee maid of four
Who sat with bright bottles playing
On the step beside the door.
“Why don’t you know, Grandma,” she
answered
In lifting voice, sweet and free,
“I am bottling up the sunshine
To save it for you and me.
Then in winter, when days are stormy,
When the sun forgets to shine,
We will open the bottle and let out the
glow,
Don’t you think that will be fine?”
I thought this a wonderful lesson,
Let us store our bright memories away,
Then bring them forth for a blessing,
When needed some dark, dreary day.*

- Josie Ward Welch

(Copied from January 1974 Sunshine Magazine)

CHEER FOR THE NEW YEAR

*A winter night - fire burning bright –
A nook and easy chair –
A dream of kings and many things,
And incense burning there!
As smoke ascends, may thought of friends
Cause hopes to rise anew,
May each new year bring added cheer –
The wish from me to you!*

- Jesse Gray

*“While the earth remains, seedtime and harvest,
and cold and heat, and summer and winter, and day
and night shall not cease. – Genesis 8:22*



ENJOY WINTER!